



Home Sleep Study information

- **Please review the “Home Sleep Brochure” attachment below for more detailed information about how to prepare for the sleep study and what is involved**
- **Home Sleep studies are set up personally by a nurse in both Miranda and Hurstville locations, Monday to Friday inclusive (refer to the Home Sleep Brochure for a map of location)**
- **You will be undergoing the overnight monitoring in the comfort of your own bed at home**
- **You will need a referral from your general practitioner, medical/surgical specialist or respiratory/sleep physician. This referral form is found within the “For Doctors” section below**
- **There is a Medicare requirement which dictates certain scoring criteria be met to enable direct referral for a home sleep study when this referral is made by a general practitioner or non-respiratory/sleep specialist. Otherwise a respiratory/sleep physician would need to clinically assess you prior to referral for a home sleep study. An appointment with a sleep physician in our practice can be made by contacting our secretary on 9531 4222**
- **No Health Fund membership is required. There is no Medicare rebate for patients under the age of 18. Only one home sleep study per year is rebated through Medicare**
- **Study reports are usually available within two weeks from your study date and are sent to your referring doctor**