

SOUTHERN SYDNEY RESPIRATORY AND SLEEP SPECIALISTS



Hospital Sleep Study Information

- **Fully attended sleep studies occur weekly at St George Private Hospital, usually on a Friday, Saturday, Sunday or Monday night**
- **A referral is required from your general practitioner, specialist or sleep/respiratory physician**
- **There is a Medicare requirement which dictates certain scoring criteria be met to enable direct referral to the hospital sleep laboratory when this referral is made by a general practitioner or non- sleep/respiratory specialist. Otherwise a sleep/respiratory physician would need to clinically assess you prior to referral for a sleep study.**
- **The referral for a study in St George Private Hospital is found under the “For Doctors” section below**
- **St George Private Hospital administration staff will contact you by phone once the referral has been received and after a Health Fund check has taken place to ensure that you are eligible to undergo the sleep study according to your policy**
- **The cost of the sleep study is met by the ‘no gap’ arrangement in which the total cost is covered by Medicare and your Health Fund. A bed excess may apply depending on your Health Fund policy and whether you have paid an excess already during the same calendar year**
- **Please contact our practice should you want to consider paying privately, that is, without use of a Health Fund rebate. Medicare rebates still apply**
- **Results are sent to your referring doctor approximately within two weeks of the study date**